

15th Middle East Cardiovascular Congress (MECC) & 8th Clinical Cases in Complex Cardiovascular Therapy (CCCCT)

Detailed program

First Day

Wednesday 24 Jan 2024 (4 Bahman)

**Preventive cardiology Hypertension case presentation according to latest American + European Guideline
(AbouReihan Hall)**

Moderator: Dr. Mirbod

Panelists: Dr. Babaei beigi, Dr. Zibaenezhad, Dr. Bazrafshan, Dr. Attar, Dr. Izadpanah, Dr. Babajafari, Dr. Kazemi, Dr. Roosta

7:45-9:45	Diagnosis and treatment of HTN in adults	Dr. Samin Behdad	Isfahan Hypertension Research Center, Cardiovascular research institute
	Diagnosis and treatment of HTN in adults	Dr. Alireza Ahmadi	
	Diagnosis and treatment of HTN in children	Dr. Seyede Mahnaz Mirbod	
	The role of exercise in preventing cardiovascular diseases	Dr. Seyedvahid Mojab	Shiraz Cardiovascular Research Center

OPENING CEREMONY

9:45 – 10:15

Dr. Imanie, Dr. SeiedVahid Hosseini, Dr.Noohi, Dr. Lankarani, Dr. Zibaenezhad, Dr. Tabande, Dr. Aghajani

**Research Centers Reports 1
(AbouReihan Hall)**

Moderator: Afshin Ostovar

Panelists: Dr. Noohi, Dr. Bahramali, Dr. Khalili, Dr. Zibaenezhad, Dr. Panahi

10:15-11:45	Population based interventions for reduction of burden of cardiovascular diseases : Global real world evidence	Dr. Kamran Lankarani	Shiraz Health Policy Research Center
	The STEP-wise approach to non-communicable disease risk factor surveillance (STEPS) 2021	Dr. Shirin Jalalinia	Iran Ministry of Health and Medical Education
	Clinical prediction models for cardiovascular diseases in IRAN	Dr. Noushin Fahimfar	Osteoporosis Research Center , Endocrinology and Metabolism Research Institute
	Main findings of DiaCare survey	Dr. Ramin Heshmat	Chronic Diseases Research Center, Endocrinology and Metabolism Research Institute

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	Compare of ASCVD Score in a metropolitan and small city	Dr. Ehsan Bahramali	Fasa Noncommunicable disease research center
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**Pray
11:45-12:15**

**Heart Failure and Transplant
(AbouReihan Hall)**

Moderator: Dr. Zamirian			
Panelists: Dr. Sanjarian, Dr. Shafa, Dr. Jannati, Dr. Nemati, Dr. Amirghofran, Dr. Abtahi			
12:15-14:00	Graft dysfunction	Dr. Mahmoud Zamirian	Shiraz
	New Treatment in Heart Failure	Dr. Marjan Hajahmadi	Tehran
	Cardiac Amyloidosis	Dr. Seyede Somayeh Jalali	Shiraz
	Use of ECMO and LVAD in heart failure patients before and after heart transplantation	Dr. Mehrzad Rahmanian	Tehran

**LeftMain PCI
(RAZI Hall)**

Moderator: Dr. Zibaeenezhad			
Dr. AR. Abdi, Dr. Bayani, Dr. A. Mohammadi, Dr. Adl, Dr. Bahramali, Dr. fattahi, Dr. Izadpanah, Dr. Mehrpouya, Dr. Aghajani, Dr. S.Abdi			
12:15-14:00	Case 1	Dr. Alireza Nematollahi	Isfahan
	Complex LM-Bifurcation case	Dr. Bahram Shahri	Mashhad
	LM Rotablator Case	Dr. Mohammadjavad Alemzadeh	Tehran
	Case 4	Dr. Morteza Safi	Tehran
	Case 5	Dr. Pouyan Deghani	Shiraz

**LUNCH
14:00- 14:45**

**Nursing1
(Razi Hall)**

Moderator: Dr. Rambod			
Panelists: Dr.Z Mohebbi, Dr. Khademian, Dr. Yazdanpanahi, Dr. Pasyar, Dr. Rakhshan, Miss Negahban, Miss Rasekh			
14:45-16:15	The prevention and management' guideline of cardiovascular diseases: A lifestyle modification strategy	Dr. Masoume Rambod	Shiraz
	A Review on 2023 European Society of Hypertension Guideline	Dr. Zinat Mohebbi	Shiraz

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	Is fertility preservation an appropriate option for women with cardiovascular disease?	Dr. Zahra Yazdanpanahi	Shiraz
	Tele-rehabilitation Programs in patients with Heart Failure	Dr. Nilofar Pasyar	Shiraz
	Tele-Cardiac Rehabilitation of Patients with AICD and Their Spouses	Dr. Mahnaz Rakhshan	Shiraz

Complication and Interesting Case (RAZI Hall)

Moderator: Dr. AR. Abdi

Panelists: Dr. Sajjadi, Dr. Emami, Dr. Toloui, Dr. Zibaenezhad, Dr. Mehrpuya, Dr. S. Abdi

14:45-16:15	Multi Organ Failure after PCI	Dr. Khatere Dehghani	Jahrom
	Iatrogenic LM Dissection	Dr. Mohammadhassan Adel	Ahvaz
	LAD- PCI / Inferior STEMI	Dr. Mohammadjavad alemzade	Tehran
	Incredible guiding catheter tip detachment during complex coronary intervention	Dr. Mohammadreza Pourbehi	Boushehr
	Case 4	Dr. Sajjadi	Mashhad
	Case 5	Dr. Shojaei	Jahrom
	Case 6	Dr. Emami	Bandarabbas

BREAK 16:15-16:30

Student Research (AbuReihan Hall)

Moderator: Dr. Bazrafshan

Panelists: Dr. Bazregar, Dr. Goharian, Dr. Naiery, Dr. Ghaedi, Dr. Sahebi


16:30-18:00	Trends in Cardio-oncology	Dr. Aida Bazrgar
	Cardiac complications of traumatic patients	Dr. Arshin Ghaedi
	Inflammatory biomarkers in premature atherosclerosis	Dr. Amirhossein Mallahi
	Bariatric surgery and cardiology	Dr. Hamid Zaferani
	Cell therapy in cardiology	Dr. Hosein fatemian
	AI and cardiology	Dr. Shayan sabbaghzadeh
	Covid 19 and cardiology	Dr. Halime Gohareyan
	OMI and STEMI Equivalents	Dr. Mohammadhossein ghasemi
	Post MI rehabilitation	Dr. Sina sohrabizadeh


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CTO PCI (Razi Hall)			
Moderator: Dr. B. Bayani			
Panelists: Dr. Ghofraniha, Dr. A. Mohammadi, Dr. Haghshenas, Dr. Mansouri, Dr. Alavi, Dr. Alkamel			
16:30-18:00	Interesting Case Presentation	Dr. Mehdi Toloui	Tabriz
	Case 2	Dr. Baktash Bayani	Mashhad
	Case 3	Dr. Ata Firoozi	Tehran
	Case 4	Dr. Reza Madadi	Tehran
	Case 5	Dr. Armin Attar	Shiraz

BREAK 18:00-18:15

Workshop of Diabetes Sponsored by  (AbuReihan Hall)	
Moderator: Dr. Bazrafshan	
18:00-19:00	Dr. Bazrafshan

Workshop of Antiplatelet Sponsored by  (AbuReihan Hall)	
Moderator: Dr. Bazrafshan	
Panelists: Dr. Arjangzade, Dr. Izadpanah, Dr. Barzegar	
19:00-20:00	Dr. Bazrafshan

Multi-vessel PCI (RAZI Hall)			
Moderator: Dr. M. Toloui			
Panelists: Dr. Shabestari, Dr. Aslanabadi, Dr. Shahri, Dr. Zibaenezhad, Dr. Hejazi, Dr. Mirboluk, Dr. Aghajani			
18:15-20:00	Case 1	Dr. Mehdi Toloui	Tabriz
	Case 2	Dr. Baktash Bayani	Mashhad
	Case3 (online presentation)	Dr. Arash Hashemi	Tehran
	Case4	Dr. Ali Golmohammadi	Tabriz
	Case 5	Dr. Alireza Nematollahi	Isfahan

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Second Day

Thursday 24 Jan 2024 (5 Bahman)

Preventive cardiology Hyperlipidemia case presentation according to latest American + European Guideline

Sponsored by 
(AbouReihan Hall)

Moderator: Dr. Attar

Panelists: Dr. Ostovar, Dr. Etemad, Dr. Aghasadeghi, Dr. Babajafari, Dr. Bazrafshan, Dr. Sattarzadeh, Dr. Shams, Dr. Kazemi

8:00-10:00	LDL Treatment	Dr. Hamed Bazrafshan	Shiraz Cardiovascular Research Center
	Familial Hypercholesterolemia	Dr. Kamran Aghasadeghi	
	High TG	Dr. Mahmoud Zamirian	
	Low HDL	Dr. Mohammadali Babaei Beigi	

**Joint meeting OB/Cardiologists
(Razi Hall)**

Moderator: Dr. Vafaei

8:00-10:00	Prinatologist	Dr. Azam Faraji Dr. Homeira Vafaei Dr. Shaghaiegh Moradi Dr. Shohre Roozmeh Dr. Fateme Shariati	Shiraz
	Cardiologists	Dr. Mohammadjavad Zibaeenezhad Dr. Firooze Abtahi Dr. Alireza Moaref	Shiraz

**BREAK
10:00-10:15**

**Research Centers Reports 2
(AbouReihan Hall)**

Moderator: Davood Khalili

Panelists: Dr. Farshidi, Dr. Noohi, Dr. Panahi, Dr. Mirboluk

10:15-11:45	Polypil for prevention of CVD in IRAN, update 2023	Dr. Reza Malekzadeh	Digestive Diseases Research Institute
	Trend and Trajectory of cardiometabolic risk factors: Tehran Lipid and Glucose Study (TLGS)	Dr. Farzad Hadaegh	Prevention of Metabolic Disorders Research Center

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			Shahid Beheshti University of Medical Sciences
	Electrocardiographic values and abnormalities in the general adult population: Tehran Cohort Study	Dr. Mohammad Mohammadi	Tehran Cardiovascular research Center
	Preventive Strategy in reducing ASCVD score in high Population: Shiraz cohort heart Study	Dr. Mohammadjavad Zibaenezhad	Shiraz Cardiovascular Research Center
	Support of cohort studies in research centers	Dr. Panahi	Ministry of Health

**Joint meeting Cardiac surgeon /Cardiologists
Tricuspid Valve disease (TVD). Congenital and Acquired
(Razi Hall)**

Moderator: Dr. Amirghofran

10:15-11:45	Congenital TVD, Introduction & Classification	Dr. Arabi	Shiraz
	Congenital TVD: Echo and Imaging	Dr. Mohammadi	Shiraz
	Congenital TVD: Surgical management	Dr. Rafati	Shiraz
	Acquired TVD: Introduction and Classification	Dr. Arjangzadeh	Shiraz
	Acquired TVD: Echocardiographic evaluation	Dr. Moaref	Shiraz
	Acquired TVD: Medical and Intervention treatment	Dr. Izadpanah	Shiraz
	Acquired TVD: Surgical Management , New modalities	Dr. Ahmadali Amirghofran	Shiraz

**Pray
11:45-12:15**

**Valvular Heart Disease
(AbouReihan Hall)**

Moderator: Dr. Moaref

Panelists: Dr. Moshkani farahani, Dr. Savandroumi, Dr. Izadpanah, Dr. Shafiee, Dr. Rafati , Dr. Sattarzade

12:15-14:00	Assessment and planning of functional MR	Dr. AR. Moaref	shiraz
	Assessment and planning of primary MR	Dr. S. Jamshidi	shiraz
	Assessment and planning of TR	Dr. F. Abtahi	Shiraz
	Approach to low-gradient AS	Dr. S. Barzegar	Shiraz

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**Peripheral Case
(Razi Hall)**

Moderator: Dr. Mohebbi			
Panelists: Dr. O.Shafe, Dr. J.Mousavi, Dr. B. Mohebbi, Dr. Ghodousi Jowhari, Dr. Adl			
12:15-14:00	Case1	Dr. Omid Shafe	Tehran
	Case 2	Dr. Jamal Mousavi	Tehran
	Case 3	Dr. Bahram Mohebbi	Tehran
	Case 4	Dr. Ali sadrbafghi	Yazd
	Case 5	Dr. Adl	Shiraz

**LUNCH
14:00- 14:45**

**Congenital Heart Disease
(AbouReihan Hall)**

Moderator: Dr. Mehdizadegan			
Panelists: Dr. Borzouie, Dr. Ajaami, Dr. Edraki			
14:45-16:15	Perinatal diagnosis of Pulmonary stenosis	Dr. H. Zamani	
	Neonatal evaluation of P.S	Dr. Kheirandish	
	Neonatal intervention on Pulmonary valve	Dr. Golbabaee	
	Intervention on Pulmonary artery branches	Dr. Mortezaeian	
	Fetal intervention	Dr. Amoozgar	
	Intervention in single ventricle with P.S	Dr. Ghaderian	
	Indication of surgery on P.V and branches	Dr. Edraki	
	Case of PS intervention	Dr. F. Jaffari	

**Non STEMI PCI
(RAZI Hall)**

Moderator: Dr. M. Aghajani			
Panelists: Dr. Shojaei, Dr. Hejazi, Dr. Bayani, Dr. Shabestari, Dr. M. Hosseini, Dr. Bahramali			
14:45-16:15	Case 1	Dr. Hassan Aghajani	Tehran
	Case 2	Dr. Mani Ghorbanzade	Tehran
	Case 3	Dr. Mehdi Mehrani	Tehran
	Case 4	Dr. Kaveh Hosseini	Tehran
	Case 5	Dr. Maryam Mehrpouya	Tehran


**BREAK
16:15-16:30**

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Electrophysiology (AbouReihan Hall)			
Moderator: Dr. Nikoo			
Dr. Heidari, Dr. Aslani, Dr. M. Nemati, Dr. Bazrafshan, Dr. Arjangzadeh, Dr. Eslami, Dr. Isapourmoghaddam			
16:30-18:00	A case of ischemic VT with electrical storm	Dr. Shahab Shahrzad	Shiraz
	A young man with HCM and VF	Dr. Hossein Nikoo	Shiraz
	Conduction system pacing using Stylet driven leads	Dr. Alireza Heidari bakavoli	Mashhad
	Micra implant through bio prosthetic tricuspid valve	Dr. Majid Haghjou	Tehran
	A patient with bulging and pain after ICD implantation	Dr. Amirhossein Azhari	Esfahan
	RF ablation of ventricular tachycardia in a case of Cardiac Amyloidosis	Dr. Zahra Emkanjoo	Tehran

STEMI PCI (Razi Hall)			
Moderator: Dr. Mehrpouia			
Panelists: Dr. Farshidi, Dr. Noohi, Dr. Tolouie, Dr. Zibaenezhad, Dr. Mohebbi, Dr. Abdi, Dr. Mirboluk			
16:30-18:00	Case 1	Dr. Hamed Vahidi	Tehran
	Case 2	Dr. Moradi Farsani	Tehran
	Case 3	Dr. Maryam Mehrpooya	Tehran
	Case 4	Dr. Hassan Aghajani	Tehran
	Wrap up	Dr. Hassan Aghajani	Tehran

Workshop of Anticoagulation Sponsored by  (AbuReihan Hall)		
Moderator: Nikoo		
Panelists: Dr. Shahrzad, Dr. Aslani, Dr. Bazrafshan, Dr. Arjangzadeh		
18:00-19:00	Dr. Nikoo	Shiraz

Workshop of EKG (AbuReihan Hall)		
Moderator: Dr. Bazrafshan		
19:00-20:00	EKG Case Presentation	Dr. Arjangzadeh, Dr. Bazrafshan

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Third Day

Friday 4 FEB 2023 (15 Bahman)

Preventive cardiology Diabetic case presentation according to latest American + European Guideline (AbouReihan Hall)

Moderator: Dr. Dabaghmanesh

Panelists: Dr. Soveid, Dr. Attar, Dr. Shams, Dr. Karimi, Dr. Sadeghian, Dr. Babajafari

8:00-10:00	Pharmacological Treatment to Prevent MACE in DM	Dr. Alireza Arjangzadeh	Shiraz
	Tight BS Control to do or not to do	Dr. Marjan Jeddi	Shiraz
	How to manage target organ damage in diabetics	Dr. Alireza Arjangzadeh	Shiraz
	Diet in Preventive of DM + Cardiovascular disease	Dr. Siavash Babajafari	Shiraz

**BREAK
10:00-10:15**

Research Centers Reports 3 (AbouReihan Hall)

Moderator: Koorosh Etemad

Panelists: Dr. Farshidi, Dr. Panahi, Dr. Shabestari, Dr. Zibaenezhad, Dr. Mirbolouk

10:15-11:45	The Iranian blood pressure measurement campaign, 2019	Dr. Afshin Ostovar	Endocrinology and Metabolism Research Institute
	The Iranian blood pressure and diabetes campaign, 2023	Dr. Koorosh Etemad	Ministry of Health Director of Non-Communicable Diseases Office
	IraPEN and IRAN-HEARTS national programs	Dr. Davood Khalili	Endocrinology and Metabolism Research Institute
	How to use cohort studies in preventive strategic	Dr. Farshidi	Ministry of Health

Joint meeting Cardiac surgeon /Cardiologists (Razi Hall)

Moderator: Dr. Shafeie

10:15-11:45	Cardiac surgeon	Dr. Shafeie Dr. Nemati Dr. Zarrabi Dr. Ghazinour	
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		Dr. Jamshidi	
	Cardiologists	Dr. Izadpanah Dr. Alavi Dr. Valizadeh Dr. Haghshenas Dr. Tabande	

**BREAK & Pray
11:45-12:15**

**cardiomyopathies 2023 guideline
(AbouReihan Hall)**

Moderator: Dr. F. Abtahi			
Panelist: Dr. Moaref, Dr. Razmi, Dr. Tavasoli, Dr. Yazdani, Dr. Nikoo, Dr. Sattarzadeh			
12:15-14:00	Hypertrophic cardiomyopathy	Dr. F. Abtahi	Shiraz
	Dilated and non-dilated cardiomyopathy	Dr. S. Jalali	Shiraz
	RV cardiomyopathy	Dr. Zadebagheri	Shiraz
	Chemotherapy induced cardiomyopathy	Dr. M. Saiad	Shiraz

**EVAR/TEVAR Case
(Razi Hall)**

Moderator: Dr. Mohebbi			
Panelists: Dr. Shafe, Dr. J. Mousavi, Dr. Mohebbi, Dr. Hosseinzadeh, Dr. Radpei			
12:15-14:00	Case 1	Dr. Ahmad Hosseinzade	Shiraz
	Case 2	Dr. Jamal Mousavi	Tehran
	Case 3	Dr. Mohammadreza Radpei	Shiraz
	Case 4	Dr. Bahram Mohebbi	Tehran

**LUNCH
14:00-14:45**

**Nursing2
(Razi Hall)**

Moderator: Miss Besharati			
Panelists: Azizi, Dr. Vizeshfar, Dr. Bijani, Dr. Rivaz, Dr. Jaber, Falah			
14:45-16:15	Virtual reality, A new method for patient education in cardiology	Farnoush Azizi	Shiraz
	The use of artificial intelligence in nursing care of cardiac patients	Dr. Fatemeh Vizeshfar	Shiraz
	Exploring the challenges to using telecardiology as perceived by pre-hospital emergency care personnel: a qualitative study	Dr. Mostafa Bijani	Fasa
	Calcium supplementation and risk of coronary heart disease	Dr. Mozghan Rivaz	Shiraz

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	The effect of educational-persuasive program on self-efficacy and success in smoking cessation in patients after coronary angioplasty: a quasi-experimental study	Dr. Zahra Khademian	Shiraz
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**Bifurcation PCI
(RAZI Hall)**

Moderator: Dr. A. Mohammadi			
Panelists: Dr. Noohi, Dr. Safari, Dr. Zeinalzade, Dr. Rowhani, Dr. Abdi, Dr. Bayani, Dr. B. Malekzadeh			
14:45-16:15	Case 1	Dr. Morteza Safi	Tehran
	Case 2	Dr. Afshin Ghofraniha	Mashhad
	Case 3	Dr. Sasan Afifi	Shiraz
	Case 4	Dr. Afsane Mohammadi	Mashhad

**BREAK
16:15-16:30**

**Workshop of Echocardiography
(AbuReihan Hall)**

Moderator: Dr. Moaref	
16:30-18:00	Dr. Abtahi, Dr. Moaref, Dr. Zamirian, Dr. Aghasadeghi, Dr. Jamshidi, Dr. Barzegar

**TAVI PCI
(RAZI Hall)**

Moderator: Dr. A. Firoozi			
Panelists: Dr. Farshidi, Dr. Hejazi, Dr. Ostovan, Dr. Aghajani, Dr. Hassanzadeh, Dr. Valizadeh			
16:30 – 18:00	TAVI	Dr. Alemzadeh	Tehran
	Mitral Valve in Valve	Dr. Zahra Hosseini	Tehran
	Case 3	Dr. Mohammadreza bai	Tehran